

645—31.7(154D) Clinical experience requirements for mental health counselors.

31.7(1) The supervised clinical experience shall:

- a. Be a minimum of two years of full-time supervised professional work experience in mental health counseling;
- b. Be completed following completion of the practicum and all graduate coursework, with exception of the thesis;
- c. Include successful completion of at least 200 hours of supervision concurrent with 1,000 hours of mental health counseling conducted in face-to-face contact with individuals, couples or families;
- d. Have only supervised clinical contact credited for this requirement; and
- e. Include at least 100 of the 200 hours of supervision as individual supervision.

31.7(2) To meet the requirements of the supervised clinical experience:

- a. The supervisee must:
 - (1) Meet with the supervisor a minimum of one hour per week, face to face and individually;
 - (2) Have training that is appropriate to the functions to be performed;
 - (3) Offer documentation in the name of the supervising mental health counselor;
 - (4) Begin the experience after all academic requirements are met for the master's degree or higher;
 - (5) Compute part-time employment on a prorated basis for the supervised professional experience;
 - (6) Have the background, training, and experience that are appropriate to the functions performed;
 - (7) Have supervision that is clearly distinguishable from personal counseling and is contracted in order to serve professional/vocational goals;
 - (8) Have individual supervision that shall be face to face with no more than one supervisor to two supervisees;
 - (9) Have group supervision that may be completed with up to six supervisees and a supervisor; and
 - (10) Not participate in the following activities which are deemed unacceptable for clinical supervision:
 1. Peer supervision, i.e., supervision by a person of equivalent, but not superior, qualifications, status, and experience.
 2. Supervision, by current or former family members, or any other person, in which the nature of the personal relationship prevents, or makes difficult, the establishment of a professional relationship.
 3. Administrative supervision, e.g., clinical practice performed under administrative rather than clinical supervision of an institutional director or executive.
 4. A primarily didactic process wherein techniques or procedures are taught in a group setting, classroom, workshop, or seminar.
 5. Consultation, staff development, or orientation to a field or program, or role-playing of family interrelationships as a substitute for current clinical practice in an appropriate clinical situation.

b. The supervisor:

- (1) May be a licensed mental health counselor in Iowa; or
- (2) Shall be approved by the National Board for Certified Counselors (NBCC) as a supervisor; or
- (3) May be an alternate supervisor who possesses qualifications equivalent to a licensed mental health counselor, including mental health professionals licensed pursuant to Iowa Code chapter 147;
- (4) Shall meet a minimum of one hour per week, face to face and individually with the supervisee;
- (5) Shall provide training that is appropriate to the functions to be performed;
- (6) Shall ensure that therapeutic work is done under the professional supervision of a supervisor; and
- (7) Shall not supervise any mental health counselor or permit the supervisee to engage in any therapy which the supervisor cannot perform competently.

31.7(3) Rescinded IAB 7/6/05, effective 8/10/05.

31.7(4) An applicant who has obtained Certified Clinical Mental Health Counselor status with the National Board for Certified Counselors (NBCC) and submits a transcript sent directly from the school to the board is considered to have met the educational and clinical experience requirements of rules 31.6(154D) and 31.7(154D).